

Care for & Enjoy

Open from dawn to dusk. No overnight camping or fires.

Foot traffic only. No motorized vehicles, bikes, or horses.

Carry in and carry out trash and waste, including pet waste.

Dogs must be leashed or under voice control of the owner. Please pick up after your dogs.

Stick to established trails. No cutting of new trails.

Hunting is permitted within legal seasons in accordance with the Vermont Department of Fish & Wildlife rules and regulations.

Groups of 10+ people, tours, and events by permission only.



Stowe Land Trust hosts family outings, youth programs, and other community events at the Mill Trail that inspire and cultivate the next generation of conservationists.



Protected Forever

In 2003, Stowe Land Trust bought the 31-acre Mill Trail property and protected it with a conservation easement held by the Vermont Land Trust. Thanks to the generosity of private donors, the Mill Trail's history, wildlife habitat, and trails will be enjoyed by the public forever.

Stowe Land Trust is a local, member-supported, non-profit 501(c)(3) organization dedicated to the conservation of scenic, recreational, and productive farm and forest lands for the benefit of the greater Stowe community.

- ◆ Land Protection: Saving Land Now
- ◆ Stewardship: Caring for Land Forever
- ◆ Land Management & Recreation
- ◆ Education & Events

Join Us!

- ◆ Become a member
- ◆ Make a donation
- ◆ Volunteer
- ◆ Share ideas & suggestions

www.stowelandtrust.org
802.253.7221
info@stowelandtrust.org

STOWE LAND TRUST Mill Trail



A Community Natural Area
Owned and Managed by
Stowe Land Trust

Trail Map & Guide

Exploring the Mill Trail

① **Cabin** This historic cabin was built in 1935 by Dr. Marguerite “Doc” Lichtenthaeler who provided rustic accommodations for some of Stowe’s first ski tourists at the neighboring Smuggler’s Notch Attic & Barn. During the summer, stop by the cabin to learn more about the Mill Trail’s rich natural and cultural history from Stowe Land Trust’s Naturalist Program.



Doc Lichtenthaeler (right) with her friend Helen Day Montenari and a sheep dog sled team below the cabin c. 1940s.

② **River & Floodplain** Enjoy fishing or cooling off along the banks of the West Branch of the Little River. The floodplain is now forested, but was once a mill pond. Water from the pond flowed over a dam to power a mill downstream.

③ **Hardwood Forest** The Mill Trail is an old logging road. Timber from the forests along the trail was harvested and sawed into lumber and materials to make wooden butter tubs at the old mill site along the river.

④ **Bingham Falls** A series of spectacular cascades awaits you further up the Mill Trail. Stowe Land Trust and partners protected Bingham Falls in 2001, ensuring it will be enjoyed by the public forever. It is now part of Smuggler’s Notch State Park.

The Cabin today after being restored by Stowe Land Trust.



Credit: John Sharpless

